Waxing (normal/propil)

Try our new propil waxing – the original progressive hair removal treatment for a more permanent result.
Please note that all waxing requires a patch test 24 hours before the treatments.

Half Leg	€22	Underarm	€18
Full Leg (including regular Bikini)	€45	Upper Lip	€12
Full Leg (without Bikini)	€35	Eye Brow	€14
Regular Bikini	€18	Arms	€20
Specialised Waxing from	€55	Back/Chest	€28

Tinting

Please note that all tinting requires a patch test 24 hours before the treatments.

Eye Lash	€18
Eye Brow Tint	€12
Eye Brow Shape	€15
Combination (Lash & Brow Tint and Shape)	€40

Fingers & Toes - Nailtiques manicure and pedicure guarantees results everyone will notice.

Our pedicures are done in the comfort of our whale-spa massage pedicure chair.

Manicure Ladies	(30 mins)	€30
Manicure Men	(20 mins)	€20
Deluxe Manicure	(1 hr)	€40
Pedicure	(30 mins)	€35
Deluxe Pedicure	(1 hr)	€50
Shape, File & Polish	(20 mins)	€20
French Polish		€5
Nail Art		€10
Nail Gems each		€1

Make-Up – Jane Iredale

This new natural mineral make-up is called the Skin Care Make-up. Try it and see the difference. Also retail.

Make-up Application	(30 mins)	€35 of which €25 is redeemable against products.
Make-up Lesson	(1 hr)	€50 of which €30 is redeemable against products.

Full Day Heavenly Package

(approx 4 hrs 30 mins) €350

- Uspa body & facial ritual with sensory journey & full body massage
- Balneotherapy bath
- Deluxe pedicure
- Deluxe manicure

Bride-to-be Package

(approx 3 hrs 30 mins) €250

- Uspa Coffee & Sea Kelp scrub with facial and massage
- Mini manicure, pedicure and French polish
- Eyelash tint and brow shape

Mom-to-be Package

(approx 2 hrs 30 mins) €180

- Uspa Hot oil elixir massage with facial
- Deluxe pedicure
- Reflexology or manicure

Mens Treat Package

(approx 2 hrs) €125
(with hot stones massage) €160

- Balneotherapy bath
- Back, neck & shoulders massage
- Mini facial
- Male manicure

Holistic Package

(approx 2 hrs 30 mins) €150

- Balneotherapy bath
- Indian head massage
- Hopi ear candles
- Reflexology or manicure

Birthday Surprise

(approx 1 hr 30 mins) €100

- Mini facial
- Back Massage
- Balneotherapy bath or pedicure/manicure

Dp Spa Terms & Conditions

RESERVATIONS: We recommend that you book in advance. A credit card will be required to secure all appointments.
ARRIVAL: We recommend you arrive 10 minutes prior to your appointment, as late arrival may reduce the time available for your treatment.
GIFT VOUCHERS: Gift Vouchers are available from the Spa and Hotel Reception.
MOBILE PHONES: Please switch off your mobile phone before entering the Spa so that all our guests can enjoy a total relaxed experience.
RELAXATION AREA: All our spa guests may enjoy our relaxation area with complimentary juices or herbal tea after all treatments.
LEISURE FACILITIES: Swimming pool, sauna and steam room may be used prior to treatments for an additional €20. This facility is complimentary to guests on full & half day packages.
CLOTHING REQUIREMENTS: We advise you to bring swimwear for Spa Treatments. Disposable underwear will be provided if necessary. Robes & Slippers will also be offered.
CANCELLATION POLICY: 24 hour cancellation is required for all treatment bookings or 50% of the treatment will be charged. Courses of treatments must be paid in advance.

The Spa at Deer Park benefits from a truly beautiful setting in the grounds of Howth Castle with state of the art equipment and luxurious and quality treatments. The wild rose, which we have adopted as our emblem, represents both a link with nature and with the past. Felled in battle and left for dead Almeric, first Lord of Howth, was found leaning on his shield having cured his wounds with roses and wild honeysuckle. He incorporated the roses into his coat of arms and took the motto, "Que Pense", "That which Heals" in Medieval French.

We at the Spa aim to deliver experiences that are pleasurable, memorable and leave you feeling healthy and comfortable in your body. Relax in a world of harmony, luxury and wellbeing and sink into serenity with a comforting massage, facial, balneotherapy bath or one of our many beauty treatments. Our Spa represents the perfect balance between health, relaxation and pure pampering.

Our welcoming, fully qualified staff help calm your spirit and stimulate your energy with a variety of indulgent spa treatments which make you feel relaxed, revitalized and pampered. Arrive early and relax and enjoy the use of our pool, steam room and sauna before your treatment, wrapping yourself in our warm, comfortable robe. Our tranquil calm rooms help you experience a world of luxury through the senses. After your treatments enjoy a healthy juice, herbal tea or treat yourself to a glass of pink champagne, in our comforting relaxation area enjoying the serene setting as you unwind. You, our valued client will leave feeling rejuvenated and indulged.

Opening Hours

Monday	10am-6pm
Tuesday	10am-6pm
Wed/Thurs/Fri/Saturday	10am-8pm
Sunday	10pm-6pm

Deer Park Hotel, Howth, Co. Dublin, Ireland
Tel: 01 839 8743 Fax: 01 839 2405
spa@deerparkhotel.ie
www.deerpark-hotel.ie

dpSPA

"Que Pense"

Collin Facials – Collin are famous for introducing collagen into the beauty industry. It is a serious skin care combining science & quality ingredients to provide gentle effective treatments.

Collin Algo Mask (1 hr) €52
A"thirst-quenching" moisturising treatment acting on radiance and suppleness. This invigorating facial is a real form of hydration. Seaweed extracts help tone and re-mineralise the skin.

Collin Hydro-Lifting (1 hr 15 mins) €60
A firming treatment, with lifting effect. This facial lightens the complexion & intensely regenerates your skin.

Collin Collagen Treatment (1 hr 15 mins) €110 single €290 course of 3
This luxurious anti-ageing treatment helps lighten the complexion of your skin resulting in a youthful glow whilst significantly reducing the appearance of fine lines and wrinkles.

Collin Dermo-Purifying (1 hr) €55
This deep cleansing treatment is suitable for combination or oily skin. Using essential oils, this facial purifies, stimulates and regenerates the skin. A true sensation of freshness and well being.

Collin Morpho-Skin (1 hr 15 mins) €85 single €220 course of 3
Roll back the years as our reviving peeling treatment helps correct signs of ageing. It softens and soothes the skin acting on lines and wrinkles leaving you with a fresh and bright complexion.

Mini-Facial (30 mins) €30
Unisex reviving facial includes cleanse, tone, exfoliate and mask. A quick pick-me-up for your skin.

Uspa - Uspa is inspired by the intricate science of nature and the historical practises of ancient cultures. We strive to use only pure elements and natural extracts from plants. Wherever possible the ingredients are organically grown and produced in Australia. A true mind, body and spirit philosophy.

Uspa Face Rituals

Uspa facials are customised and tailor made for your skin care needs. Each facial incorporates a foot ritual, back massage and Balinese body palming.

Uspa Hydramax Facial (1 hr 30 mins) €90
For dry, devitalised skin. The skin is harmonised with aloe, rose absolute, evening primrose & calendula.

Uspa Regenerative Facial (1 hr 30 mins) €100
Ideal to rebuild & repair damaged or ageing skin, using Vitamin C, camellia oil, neroli & fennel.

Uspa Refining Fruit Acid (1 hr 30 mins) €90
Designed to refine & rejuvenate toughened & marked skin. Using serums infused with botanical alpha hydroxyl acids, sandalwood, lavender & apricot kernel oil.

Uspa Purifying Facial (1 hr 30 mins) €90
Refresh & detoxify oily or congested skin. The purification begins with almond oil, vetiver, peppermint & lime.

Uspa De-Sensitising Facial (1 hr 30 mins) €90
Calm & balance sensitive skin. Using elixirs & serums rich in chamomile, jojoba, borage & calendula.

Uspa Eye Contour Wrap (30 mins) €55
The ultimate eye treatment focusing on Marma point massage diminishing puffiness, fatigue & dark circles.

Uspa Body Rituals

Uspa body rituals are dedicated to bringing harmony from head to toe. Each body treatment is unique and all incorporate back massage, Balinese body palming and a mini facial.

Uspa Body Ritual Treatments (3 hrs) €300
Our most complete treatment includes, body polish, body wrap, rituals, full-body massage and complete Uspa facial. This is the ultimate spa experience - luxurious and sublime!

Uspa Rejuvenating Mud Wrap (1 hr) €80 (2 hrs) €140
This exquisite clay is a powerful combination of clay, nut & essential oils. Your body will be smothered in warm aromatic clay, gently cocooned in natural cloth to intensify the benefits of this truly wonderful experience.

Uspa Coffee & Sea Kelp Wrap (75 mins) €85 (2 hrs) €150
Rich in vitamins & anti-oxidants the coffee & Sea Kelp Wrap assists to increase cellular metabolism & detoxification. Stimulating nanah menthe leaves, vanilla & grapefruit will awaken the senses, ground pumice will exfoliate & enliven the skin. Macadamia nut will leave it soft & supple.

Uspa Hydrating Body Wrap (1 hr) €85 (2 hrs) €150
A nourishing blend of 9 organic herbs which include softening oatmeal, ground sesame seeds & wild calendula flowers. Once applied this masque will gently exfoliate, detoxify & hydrate even the most sensitive of skins.

Uspa Aloe Linen Wrap (1 hr) €95
Using the healing powers of Aloe Vera this wrap is ideal for over exposure to the sun or for those wanting extra plumpness & suppleness to underlying skin tissue. This masque, infused with green tea rich in anti-oxidants, will smooth & harmonise.

Uspa Bamboo & Ginsing Polish (45 mins) €70 (1 hr 30 mins) €130
Renew your body with Uspa's exotic Lavender & Ginsing Bamboo Grounds. This invigorating exfoliant will be polished over your body to remove impurities & reveal soft smooth skin. This treatment is completed with a moisturising Tangerine & Rose Oil.

Uspa Hot Oil Elixir Infusions (1 hr) €85
Pure relaxation. A holistic body oiling for body & mind. Begin with a sensory journey of 5 aromatic elixirs, follow with a dry brush before a gentle, rhythmic oiling takes your senses towards harmony.

Holistic – Bring balance and renewed energy to your life

Indian Head, Shoulder & Neck (35 mins) €45
Do you have tension in the head, neck and shoulders? Then this is the perfect stress-buster for you. Feel lighter and invigorated as your tension dissolves.

Hopi Ear Candles (40 mins) €35
This North American Indian treatment uses candles to induce a pleasant feeling of warmth and a balance of pressure in the ears. Especially suited for those with sinus or ear problems soothing and pleasurable.

Reflexology (45 mins) €52
This ancient therapeutic technique is both gentle and effective. Suitable for all, including elderly and pregnant clients. Drift away as your whole body is balanced through gentle stimulation of pressure points on the feet.

Massage - Reduce stress and tension. Experience the benefits of regular massage

Swedish Full Body Massage (1 hr) €75
Release all that deep-seated muscular tension and unwind with a massage to suit your individual requirements! Your therapist will vary the pressure to suit you and you will be delighted with the quality of our massage.

Aromatherapy Full Body Massage (1 hr 10 mins) €85
Indulge the senses and experience the benefits of essential oils specially blended for you! Aromatherapy can be used to effectively treat many conditions as the oils have balancing and health giving properties.

Hot Stone Full Body Massage (1 hr 10 mins) €85
This incredibly relaxing massage will warm and revive you. Heated, smooth basalt stones are used in a deeply soothing and comforting treatment.
Back and back of legs (45 mins) €60

Half Hour Massage (30 mins) €45
Target specific tension spots on back, neck & shoulders or legs. Tailored treatment to suit you.

Slimming Massage (30 mins) €45
Combination of invigorating massage & dry body brushing targeting problem areas on the thighs & buttocks

Balneotherapy Bath (25 mins) €35
Indulge in a heated massage bath with over 300 hydro-jets. Ease muscular tension and improve circulation while your skin absorbs the nutrients from essential aromatherapy oils or natural Irish seaweed extracts. This treatment leaves your skin feeling soft and smooth while relieving any pain or discomfort.

Tanning - Chameleon fine mist spray-tan. Gives a wonderful, natural result for all occasions. Suits all skin tones!

Tan & Go Spray	Without Exfoliation	With Exfoliation
Full Body Spray Tan	€43	€60
Student with (valid student card)	€27	€50
Half Body Spray Tan	€30	€45